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Do The Work



Synopsis

Could you be getting in your way of producing great work? Have you started a project but never finished? Would you like to do work that matters, but don't know where to start? The answer is *Do the Work*, a manifesto by bestselling author Steven Pressfield, that will show you that it's not about better ideas, it's about actually doing the work. *Do the Work* is a weapon against Resistance – a tool that will help you take action and successfully ship projects out the door. There is an enemy. There is an intelligent, active, malign force working against us. Step one is to recognize this. This recognition alone is enormously powerful. It saved my life, and it will save yours. • Available in both a 5-pack and 48-pack for you to share, as well as a special collectible edition, *Do the Work* may be just what you need to get out of your own way.

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Customer Reviews

I don't write a lot of reviews on here - but for this book - I had to take the time to write one. This book had a profound impact on me. I feel like my past failures were explained. I feel like my past

successes were explained. I feel like, for the first time, I truly understand why I quit nearly everything I start and why I can feel invincible in my endeavors one day and completely defeated the next - and I feel equipped to do it differently now. It is going to sound fake but it isn't - since reading this book: I have stuck to my diet I have taken on some major clients/projects at work I have watched a LOT less TV and have determined to do what it takes to get my work done for the day I have been able to defeat the dragon more consistently than ever before. I am SO glad I read this book. SO glad. This book ranks up with a handful of books that I have read in my life as LIFECHANGERS. This one has been a catalyst for me. You may not have the same experience - but I honestly want to tell everyone I know - Read this book. And then read it again. I am going to have my 17yo read this book over the summer even though it has some profanity which I am not thrilled with. If it didn't have it - I would have my 11 year old read it as well. Instead, I will just teach him the concepts within the book. They are going to help me in my business this summer and I want them to learn these principles and to master the ability to DO THE WORK.

You don't need to read this book to get the message. "Do the work" is it. That's all the author says for about 98 pages. How can someone fill 98 pages with a sentence? Repeat things five or six times throughout the book. Randomly adjust font size and justification. Use 3 or 4 pages to print giant sized single words: Do. The. Work. Use an entire page to print chapter numbers and titles for each chapter. I assume most of us have purchased this because we needed help with the "doing". The author provides very little information on this topic. Again, it boils down to: "You will face challenges (which he calls "Resistance"), but do the work anyway, yay you're done!" No assistance in actually tackling those challenges or beating "Resistance", other than "doing the work", which is pretty damn hard, thank you very much. Honestly, I can genuinely say I've never felt like I have wasted my time or money on a book, but this book changed that. It is an unacceptable cash-grab on the self-help market.

Great Book. This is motivating and is just the kind of book I have been needing lately. It helps to explain our past failures and successes. It gives insight into not only our individual selves but the nature of the human species. Learn about the Resistance we all face in our lives and self sabotage. This is a good reference book that should be read each year just to keep on track. I love the Van Gogh cover.

Wonderful. Steven tapped into universal (shared genius) consciousness AND challenged the

omnipresent hurdle that prevents our rightful access to it - Duality -> the equal and opposite reaction to the 'unsought organic thought' that has skimmed most of our super conscious minds at least once, but of which the ignorant intellect of 'one's self' denies US all. This 'self' is done with that elusive hurdle. My only remaining concern is that I might have enough time for the ship-error-improve cycles required for the endeavor.

This was a follow up to the Art of War, which you should definitely read. It tells the tale of the adversary we face every day, from the moment we wake, that tries to keep us from doing anything that truly matters to us. The invisible foe is "resistance". It will make you want to go home after a long day of work, and grab a beer, settle in on the couch. Then binge watch your favorite tv show. When you dream about starting that new blog, or finally start your routine of becoming healthier, or chasing your dream job. It is there in everything we do. Steven identifies it in a poetic way, and leaves you pumped to kick some ace.

Nothing else trumps "Get 'er done". I valued this book enough to buy it both in print and on Kindle. Pressfield cuts away all the excuses and the procrastination to remind us that no matter how brilliant we are, how great our ideas nothing matters unless and until we do the actual work. Many of us are expert at creating busy work to avoid picking up the shovel, the pen or the paintbrush yet we dream of greatness. Pressfield recommends ditching the busy work and dreaming of greatness WHILE we scoop the dirt, write the paragraph and paint the picture. He does in a way that motivates rather than irritates the reader. I've read the book through twice and still pick it up to refer to key pages when I find myself doing busy work rather than what really matters.

Unfortunately, I started this book at the wrong time, so it laid on the shelf for a year. But in good time, I picked it up again, and then couldn't stop reading. It is a great work to get you inspired, motivated, energetic, and best of all, it gets you started!

This book makes me sick. Makes me sick I didn't discover it earlier. Makes me sick how Pressfield makes genius seem so apparent. But most of all, makes me sick I didn't write it myself. If you find yourself getting in your own way, this manifesto is just the impetus to breakthrough to your next epic accomplishment. You'll never want to play small again after reading this book. If you loved "The War of Art," you will be orgasmic with this follow up book. It is skewed to creative types like writers, but the lessons on overcoming resistance apply to everyone in any field. And the tone of his manifesto

will inspire you in anything you do. This book is brilliant, simply brilliant.-RG

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